



SMNW Speedo Sprint Heats
Sydney Olympic Park
9th February 2025



BOYS	GIRLS	AGE		STROKE
1	2	13 years	50m	Freestyle
3	4	12 years	50m	Freestyle
5	6	11 years	50m	Freestyle
7	8	10 years	50m	Freestyle
9	10	9 years	50m	Freestyle
11	12	8 years	50m	Freestyle
13	14	13 years	50m	Butterfly
15	16	12 years	50m	Butterfly
17	18	11 years	50m	Butterfly
19	20	10 years	50m	Butterfly
21	22	9 years	50m	Butterfly
23	24	8 years	50m	Butterfly
25	26	13 Years/Under	4x50m	Freestyle Area Relay
27	28	8-10 Years	4x50m	Freestyle Area Relay
29	30	13 Years/Under	4x50m	Medley Area Relay
31	32	8-10 Years	4x50m	Medley Area Relay
33	34	13 years	50m	Backstroke
35	36	12 years	50m	Backstroke
37	38	11 years	50m	Backstroke
39	40	10 years	50m	Backstroke
41	42	9 years	50m	Backstroke
43	44	8 years	50m	Backstroke
45	46	13 years	50m	Breaststroke
47	48	12 years	50m	Breaststroke
49	50	11 years	50m	Breaststroke
51	52	10 years	50m	Breaststroke
53	54	9 years	50m	Breaststroke
55	56	8 years	50m	Breaststroke

AGE AS AT 1 FEBRUARY 2025

ENTRY FEE \$10.00 PER EVENT

- Any Swimmer who has achieved a national qualifying time for the 2025 National Age Championships by the 31st January 2025 (excluding MC & Open Water) is ineligible to compete in the heats and final series.
- Swimmers do not need to be registered with a club to compete in the heats. However, registration at a SNSW affiliated Club is a requirement to contest the finals
- Up to four (4) swimmers per event from each area are eligible to compete in the finals

NOTE: (Events 25-32) will be conducted on the finals day
Relay teams to be selected from those swimmers who have qualified for the finals